

# キャリア教育におけるアクティブ・ラーニング型授業の実践と課題 初年次キャリア教育科目の一事例を基に

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**Practices and Issues of Active Learning in Career Education**  
**—A Case Study of a First-Year Career Education Course—**

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**Abstract**

The purpose of this paper is to review the background of career education in Japan, and to examine the educational effects, issues, and suggestions for the future through a case study of the introduction of active learning in career education at our university. Specifically, we take up a case study of a career education course for first-year students and discuss the class design as an active learning type class, the changes and innovations in the class structure due to the change in implementation from face-to-face to online due to COVID-19, and the issues that have arisen in through practice. To verify the effectiveness of this course, an interview survey was conducted with students who had taken it. As a result of the interview survey, it was suggested that this course improved communication skills and other skills related to basic and general abilities for career education. On the other hand, in both online and face-to-face group work, it was suggested that there was a bias in the division of work within the group, which presents a challenge for the future.

**Keywords**

Career Education, First-Year Education, Active Learning, Online Learning

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